	LUNCH SERVED MONDAY- FRIDAY 12.00PM TO 3.00PM	
	Soup of the day Guinness treacle homemade bread	
	Express lunch sandwich of the day, mug of soup with chips or side salad	
	Beer battered fish and chips mushy peas, tartar sauce 21.95 1 (wheat) 3, 4, 6, 7, 10, 12.	
	Pan fried Glin Valley chicken Caesar salad bay gem, Crowes bacon, Grana Padano, Caesar dressing large 19.95 small 13.95 1 (wheat) 3, 7, 12. Daily pie garden salad or chips served with tender stem broccoli	
Allergen Information 1= gluten 2=crustaceans 3=eggs	Super food salad sprouting broccoli, avocado, quinoa, spinach, seeds, chickpeas, pomegranate and tahini lemon dressing	
4=fish 5=peanuts 6=soybeans 7=milk 8=nuts	Rigatoni alio olio with chicken fresh basil garlic and fresh chili topped with aged parmesan	
9=celery 10=mustard 11=sesame seeds 12=sulphur dioxide 13=lupin	Vanilla ice cream Poached peach, toasted almond, peach & amaretti sauce	
14=moluscs ©TerraceCafeNCH 101 417 0090 cnch@withtaste.ie	3, 7, 8 (almond). Caramelised custard tart Tipperary crème fraîche, Maldon salt flakes	
All our meat and poultry is 100% Irish, locally sourced and is fully traceable from farm to	Chocolate crémeux Jameson whiskey caramel, peanut brittle	

fork.

Please ask your server if you have any dietary requirements